

Apprentice Substance Abuse and Disorder Counselor



Looking for not just a job, but a career? Take a closer look at becoming a

Substance Abuse and Disorder Counselor

If you are a Californian resident with a disability looking to get into the workforce, now is the time to start a rewarding career as an apprentice Substance Abuse and Disorder Counselor!

The Ready, Willing and Able initiative is currently recruiting for high-quality positions as Substance Abuse and Disorder Counselors in the Los Angeles area.

A Substance Abuse and Disorder Counselor counsels and advises individuals with alcohol, tobacco, drug, or other problems, such as gambling and eating disorders. They also may counsel individuals, families, or groups or engage in prevention programs.

Through combining paid employment with on-the-job training and formal technical instruction, as an apprentice Substance Abuse and Disorder Counselor, you will:

- Earn while you learn
- Develop practical skills and experience in a real world setting
- Study towards a nationally recognized qualification
- Work and learn alongside industry professionals

Pre-Requisites:

- Pre requirements: No GED/High school
- Online training self-paced.
- Employment in LA County
- Training Provider: East Los Angeles College

If you have an interest in helping others, the program is for you. Addiction Counselors meet individuals at an important crossroads in their lives and help them find the strength to make positive changes. It's never too late. There is hope for everyone. And ultimately, graduates of our program help others find that hope in themselves"

Did you know that upon qualification Substance Abuse and Disorder Counselors enjoy a median starting salary of \$45,684? *

<https://www.salary.com/research/salary/hiring/substance-abuse-and-behavioral-disorder-counselor-salary>

Dr. Lisa Vartanian,
Director of Addiction Studies

HOW TO APPLY

To apply now please email recruitment@readywillingable.us
For more information phone 949 685 9020



Ready, Willing and Able is a partnership between the California Department of Rehabilitation and the Institute for Workplace Skills and Innovation America which seeks to aide Californians with disabilities to access exciting full-time career opportunities.

www.readywillingable.us

Substance Abuse and Disorder Counselor

What You Need to Know

A Substance Abuse and Disorder Counselor plays a pivotal role in the recovery journey of individuals battling addiction and substance use disorders. A typical day starts with reviewing appointments and case files, preparing for individual or group therapy sessions. These professionals spend a significant portion of their day in one-on-one counseling sessions, where they listen to their clients share their struggles, achievements, and setbacks. Counselors use various therapeutic techniques, like cognitive behavioral therapy, motivational enhancement, or contingency management, tailored to each client's needs. They also work closely with family members, providing guidance on how to support their loved ones during the recovery process. Documentation is crucial, so counselors make detailed notes after each session to monitor progress and adjust treatment plans as needed.

Beyond direct therapy sessions, a Substance Abuse and Disorder Counselor often collaborates with other professionals, such as doctors, nurses, or social workers, to ensure a holistic approach to a client's well-being. They may attend meetings or training sessions to stay updated with the latest research and interventions in the field. Additionally, they often facilitate or oversee group therapy sessions, providing a platform for clients to share their experiences and learn from one another. Outreach is also a component of their role, where they might participate in community events or schools to raise awareness about substance abuse and its prevention. As the day concludes, counselors often reflect on the day's challenges and successes, ensuring they are emotionally prepared for the next day's demands.

What Do You Need To Succeed In This Role?

This job will suit individuals who possess:

- **Empathy:** Truly understanding and connecting with individuals battling addiction is foundational. Recognizing their emotions, challenges, and perspectives is key to building a therapeutic relationship.
- **Active Listening:** The ability to attentively listen without immediate judgment or advice is crucial. Clients need to feel heard and validated in their experiences.
- **Adaptability:** Every client is unique, with different backgrounds, challenges, and needs. Being flexible and adaptable in counseling approaches ensures that every individual gets the care they require.
- **Problem-solving skills:** Devising and adjusting treatment plans, addressing any crises, or managing relapse scenarios demand a sharp problem-solving capability.
- **Organization:** Managing case notes, appointment schedules, and staying on top of follow-ups requires a structured and organized approach.
- **Cultural Sensitivity:** Understanding and respecting the diverse backgrounds and experiences of clients is essential. This awareness ensures that counseling is relevant and respectful.



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